

The Effects of alfapump on Ascites Control and Quality of Life in Patients with Cirrhosis and Recurrent or Refractory Ascites: Pivotal Trial Results

Florence Wong¹, Vagas HE², Reddy KR³, Pagadala MR⁴, Pocha C⁵, Sundaram V^{6*}, Bajaj JS⁷, Capel J⁸, Kamath PS⁹, The POSEIDON Study Group†

¹University of Toronto, Ontario, Canada; ²Mayo Clinic, Phoenix, AZ; ³University of Pennsylvania, PA; ⁴Methodist Dallas Medical Center, TX; ⁵Avera Medical Group, Sioux Falls, SD; ⁶Cedars-Sinai Comprehensive Transplant Center, Los Angeles, CA; ⁷McGuire VA Medical Center, Richmond, VA; ⁸Sequana Medical, Switzerland; Mayo Clinic, ⁹Rochester, MN.

Introduction

- The standard of care for recurrent or refractory ascites in cirrhosis is repeat large volume paracentesis (LVP)
- The alfapump system provides slow but continuous paracentesis via a subcutaneous pump
- The alfapump system has been shown to be a possible alternative for control of ascites in selected patients with cirrhosis and recurrent or refractory ascites (1,2).

Aim

- To assess the effects of alfapump on ascites control and quality of life (QoL) in patients with cirrhosis and recurrent or refractory ascites.

Method

- Patients with cirrhosis and recurrent or refractory ascites who required ≥ 2 paracenteses in the previous 3 months and refused or had contraindications or for TIPS were enrolled.
- Patients who served as their own controls must have ≥ 5 paras in 3 months prior to alfapump implantation
- Patients were given prophylactic antibiotic while the alfapump was in situ. Probiotic was also given for the first 6 months
- The 3-month immediate post-implant period was the stabilization period after implantation procedure
- The 3-month pre-implantation period was compared to the 4-6-month period post-implantation
- Data collected were demographics, pre- and post- implantation albumin use, ascites control, safety, QoL and ascites symptoms using SF36 and Ascites Q questionnaires, respectively
- Primary efficacy end point: reduction in paracentesis requirement
- Primary safety end point: pump system adverse events that resulted in intervention, explant or death.

Conclusions

- The alfapump system was very effective in the control of ascites, virtually eliminating the need for LVP.
- There is associated improvement in physical aspect of quality of life
- Patients with the alfapump need close monitoring for the development of acute kidney injury (AKI) or infection, which must be treated promptly to prevent adverse outcomes.
- In carefully selected patients with recurrent or refractory ascites, the alfapump is an alternative to repeat LVP.

Acknowledgements

The authors wish to thank the Poseidon study investigators and their co-ordinators for their contributions to the study

References

- Wong F, Bendel E, Sniderman K, et al. Improvement in Quality of Life and Decrease in Large-Volume Paracentesis Requirements With the Automated Low-Flow Ascites Pump. *Liver Transpl.* 2020 May;26(5):651-661.
- Bureau C, Adebayo D, Chalret de Rieu M, et al. Alfapump® system vs. large volume paracentesis for refractory ascites: A multicenter randomized controlled study. *J Hepatol.* 2017 Nov;67(5):940-949.

* Deceased

Results

1

2

3

5

6

7

Table 1: Patient Demographics & Baseline Laboratory data

Parameter (n=40)	Value
Age (years)	63.6 ± 9.5
Gender (Male) (%)	65%
Etiology of Cirrhosis*	
: Alcohol	47.5%
: NASH	37.5%
: Viral hepatitis	12.5%
: Others	11.0%
Hemoglobin (g/L)	110.7 ± 20.5
WBC (10 ⁶ /L)	5.1 ± 1.6
INR	1.4 ± 0.3
Na (mmol/L)	136.3 ± 4.5
Creatinine (µmol/L)	95 ± 23
AST (IU/L)	37 ± 16
ALT (IU/L)	22 ± 12
Bilirubin (µmol/L)	23 ± 13
Albumin (g/L)	35 ± 5
MELD-Na score	15.2 ± 3.8
CPT score	7.9 ± 0.97

Table 2: Pertinent Medical History

Parameter (n=40)	Value
Past history of:	
: renal failure	17.5%
: encephalopathy	40%
: SBP	7.5%
: UTI	2.5%
: variceal hemorrhage	20%
Ascites duration (M)	15.7 ± 14.8
ECOG status	
: 0	5%
: 1	37.5%
: 2	42.5%
: 3	15%
: 4	0%
In hospital in past 3M	25%

Table 3: Primary Safety Endpoints

Category	Pre-Implant (-3 months)	Post-Implant (+ 6 months)
Pump explants (total)	-	6
: Skin erosion	-	3
: Bladder discomfort	-	3
Deaths (total)	2	7
: Covid	-	2
: Cardiac arrest	-	1
: End-stage cirrhosis	1	3
: Hemoperitonium	-	1
: GI Bleed	1	-
SAEs (total)	n=17/11 pts	n=81/24 pts
: Implant, pump, procedure related	-	6
: AKI -stage 1/2/3	4	16/4/2
: Infection		
<i>all serious</i>	2	3
<i>ascites related-serious</i>	1	2
Major AEs (total)	5	17
: AKI > stage 2	0	2
: HRS	0	2
: HE > stage 2	4	7
: SBP	1	3
: Recurrent/refractory infections	0	3

4

Figure 1: Co-Primary Efficacy Endpoints

Figure 2: Ascites Parameters

Figure 3: Quality of Life

Table 3: Primary Safety Endpoints

Category	Pre-Implant (-3 months)	Post-Implant (+ 6 months)
Pump explants (total)	-	6
: Skin erosion	-	3
: Bladder discomfort	-	3
Deaths (total)	2	7
: Covid	-	2
: Cardiac arrest	-	1
: End-stage cirrhosis	1	3
: Hemoperitonium	-	1
: GI Bleed	1	-
SAEs (total)	n=17/11 pts	n=81/24 pts
: Implant, pump, procedure related	-	6
: AKI -stage 1/2/3	4	16/4/2
: Infection		
<i>all serious</i>	2	3
<i>ascites related-serious</i>	1	2
Major AEs (total)	5	17
: AKI > stage 2	0	2
: HRS	0	2
: HE > stage 2	4	7
: SBP	1	3
: Recurrent/refractory infections	0	3

Figure 4: Survival